



Collingwood Skating Club
Return to Skate Protocols

Effective September 1, 2020

In accordance with Skate Ontario's protocols, current public health requirements, regulations within Reopening Ontario (A Flexible Response to COVID-19) and direction from the Town of Collingwood please find below the Collingwood Skate Club's (CSC) Safe Return to Ice policy.

To ensure the successful implementation of our Safe Return to Ice Policy, the Collingwood Skating Club has established a COVID-19 Club Oversight Group. This group will be responsible for staying current regarding the changing rules and guidelines set by the varying governing bodies. The COVID-19 Club Oversight Group will also be responsible for updating, changing and communicating any changes that are made to the Safe Return to Ice Policy.

All protocols are subject to change as rules and regulations from governing bodies and province/city restrictions change.

Club Operations

1a. Self-Screening

All individuals taking part in club activities must self-screen in accordance with current public health guidelines before each training session. Individuals must not attend any training sessions or club activities if they:

- Exhibit any COVID-19 symptoms, such as a fever, cough, difficulty breathing, or other symptoms identified by health experts
- Have been in contact with someone with an active case of COVID-19 in the past 14 days
- Have returned from travel outside of Canada and do not have a Travel Exemption as per the Government of Canada.

Individuals who are considered a vulnerable or at-risk (individuals over 70 years, weakened immune system or medical conditions such as heart disease, lung disease, cancer etc.) should strongly consider their participation in club/skating school activities.

1b. Health Screening of Individuals

All individuals will be screened for symptoms of COVID-19 prior to being granted entry to the facility. These results will be documented by the club and kept for contact tracing purposes.

1c. Limit of People in the Facility

All individuals will be counted upon entry to either the Central Park Arena or Eddie Bush Arena. This number will not exceed 25 people, including coaching staff, volunteers, board members, skaters, and spectators when permitted. Currently the Town of Collingwood is not permitting spectators in their arenas.

Club Programming

2a. Limitations of Group sizes

All classes sizes will be capped at the following number of participants:

- CanSkate and Advanced CanSkate session - 21 Combined skaters
- CanSkate ½ hour session - 21 skaters
- StarSkate session - 19 skaters
- Advanced Star Skate session - 17 skaters

2b. Scheduling

As additional time may be required for additional cleaning of frequently touched areas, classes may be delayed in starting. Weekly scheduled times are subject to minor changes to help facilitate smooth transitions on and off the ice, and to allow for cleaning protocols.

On & Off-Ice Activities

3a. Spectators

At this time no spectators will be allotted admittance into the facility. This includes all parents and guardians. Parents will be permitted to assist their skaters with tying skates, but then must vacate the building.

3b. Physical Distancing

Individuals are required to maintain a physical distance of at least 2m from any other person during the session. Individuals from the same household or social circle are not required to follow physical distancing requirements.

Coaches and skaters must remain at least 2m apart from each other with the exception of those in the same household or social circle.

3c. Entry to the facility

Upon arriving at the building,

- you will be asked to wait outside the main doors of Central Arena in a line with 2m/6 ft. distancing markers.
- Arrive no earlier than 15 minutes prior to your ice time.
- The following questions will be asked of everyone looking to gain entry into the facility.

1. Do you have any of the following new or worsening symptoms or signs?

- a) New or worsening cough
- b) Shortness of breath
- c) Sore throat
- d) Runny nose
- e) sneezing or nasal congestion (in absence of underlying reasons for symptoms such as seasonal allergies and post nasal drip)
- f) Hoarse voice or Difficulty swallowing
- g) Headache
- h) New smell or taste disorder(s)
- i) Nausea/vomiting, diarrhea, abdominal pain
- j) Unexplained fatigue/malaise
- k) Chills

2. Have you travelled outside of Canada in the past 14 days? Have you had close contact with anyone that has?

3. Do you have a fever?

4. Have you had close contact with anyone with respiratory illness or a confirmed or probable case of COVID-19?

** Those who answer YES to any question or refuse to answer or chose not to wear a mask, will be denied access to the building.

- 15 minutes prior to your start time and only once the entire group has arrived you will be granted access to the arena by a Facility staff member.
- All facility users must follow physical distancing guidelines at all times while in the facility. Face coverings are required by all people entering the facility per order of public health. Face coverings are not required to be worn on the ice.
- Users must arrive fully dressed. Users are permitted to use designated chairs for skates, helmet and gloves. Please arrive wearing as much equipment as possible (use of skate guards is strongly encouraged).
- Spectators are not permitted. Each participant under the age of 18 is allowed one person to assist them in tying their skates but then must immediately vacate the facility.

3d. Personal Protective Equipment

Skaters: All skaters will wear non-medical masks while within the facility until they have entered the ice surface. Skaters that require the use of helmets may remove their mask prior to donning their helmet. Masks will be replaced when exiting the ice surface or when helmets are removed. Skaters do not require the use of non-medical masks while participating in on ice activities.

Coaches / Program assistants / Executive members: All coaches, program assistants and executive members will wear non-medical masks at all times within the facility.

3e. Personal Hygiene

- Sharing of items is prohibited. Practice good hygiene (avoid touching your face and cover your cough or sneeze).
- Wash your hands frequently with soap and water. Use an alcohol-based sanitizer if soap and water are not available.

3f. Personal items

- Skaters will be permitted to bring in their own skate bag
- All skate bags will be placed 2m/6 ft, preferably next to or on the designated chairs (chairs will be placed out by the facility staff and are to remain 2m/6 ft apart)
- All personal items are to be kept with your skate bag or on your designated chair
- Absolutely no sharing of food or drinks - each person is required to have individual water bottles.
- Skaters must have their own closed containers (i.e. Ziploc bag) for disposing of used personal items such as tissues. These must be disposed of at home or in a lidded garbage container in the facility.

3g. Dressing Rooms/ Washrooms

Dressing rooms will not be available. Washrooms will be available.

3h. Playing Music

Only one person will be allowed to access the music playing devices at a time. After / before each user touches the device, it will be sanitized.

3i. Harness

When using the harness, both the skater and coach are required to wear non-medical masks. The harness will be disinfected / sanitized before and after each use. Coach and skater will also sanitize their hands before and after each use. The coach will make all attempts to maintain the 2m physical distancing protocols. Harness lessons will be limited to 15 minutes at this time.

3j. Enhanced Cleaning

All frequently touched areas will be cleaned / sanitized throughout the operation of events. This applies to both on and off ice.

3k. Entry / Exit from Ice

Skaters must follow physical distancing protocols and remain at least 2m apart from other skaters while waiting to enter the arena and ice surface, and while exiting the ice surface. Skaters will follow all directions given to them from program assistants and/or coaches to help transition from off ice to on ice and back again. When leaving the ice surface skaters will return to their designated chair, collect their personal items and leave immediately.

3l. Exiting / Meeting Place for Pick-up of Skaters

- to ensure start times are closely adhered to parents are asked to pick up the skaters promptly at the end of each session.
- Pick up will take place outside the arena at the applicable exit. (Either on the north west side of the building, the exit door closet to the YMCA and the baseball diamond **OR** at the exit into the parking lot)
- in the case where assistance is required to remove skates, parents will be allowed to come in through the entrance 5 minutes prior to the end of your skaters session.
- parents will meet their skater at their designated chair and will immediately remove their skates, collect all personal items and leave the building.

When a parent is not available at end of the skating session the skater will be escorted by a club volunteer to the registration table at the vestibule of the arena and will wait there for pick up. Social distancing will be required at this time.

COVID-19 Protocols

4a. Completion of Skate Ontario COVID-19 Waiver

All individuals participating in club activities must complete the Skate Ontario Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 (“COVID-19 Waiver”). Failure to do so means that individual will not participate in club activities.

Any individual participating in club activities are required to complete a COVID-19 Waiver, or have a signed COVID-19 Waiver on-file with Skate Ontario:

- Skaters
- Coaches
- Staff
- Board Members
- Volunteers
- Officials (please note, this will be kept on file with Skate Ontario)

4b. An individual becomes unwell with symptoms of COVID-19

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in club activities.
- The individual will be isolated from all others in a well-ventilated area, or outside and provided with a non-medical face mask if one is available.
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing.
- The Town of Collingwood will be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting.
- A member of the COVID-19 Oversight Group will be informed of the situation and will contact the individual or their parent/guardian to determine if next steps are being taken regarding testing.

4c. An individual is tested for COVID-19

- Any individual that has been tested for COVID-19 must not participate in club or skating school activities while waiting for the results of the test.
- The club will work with public health to consult the Session Participation tracking sheets to inform other club members who might have been in close contact with the individual. Close contact is defined as being within 2m for a period lasting more than 15 minutes, without appropriate or consistent use of PPE.
- Any club members who were in close contact with the individual will not participate in club activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals.

4d. An individual tests positive for COVID-19

- If an individual tests positive for COVID-19, they will inform a member of the club COVID-19 Oversight Group, club President or club Vice-President.
- The COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets

may be used to assist public health officials in informing other club members who may have been in close contact with the individual.

- Any club members who were in close contact with the individual will not participate in club activities for 14 days and should follow public health guidelines regarding self-isolation and testing.
- The club will inform all members of a positive test result.
- The club will inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines.
- The club will inform Skate Ontario of a positive COVID-19 diagnosis by e-mailing club-supportservices@skateontario.org

4e. Return to club/skating activities following illness

- If no test was performed, or the COVID-19 test was negative, the individual may only return to club activities once they no longer have any symptoms of COVID-19 for at least 24 hours

4f. Return to club/skating activities following COVID-19

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.
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4g. Modification/restriction/postponing or canceling of club/skating school activities

- Based on the evolving COVID-19 pandemic, the club may have to follow public health, municipal/provincial government and sport recommendations regarding modifying/restricting/postponing or canceling activities
- Members will be informed as soon as possible of any modifications/restrictions or cancellations
- The Club will keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government or sport officials